

Hi Fi Family Teams

The High Fidelity (Hi-Fi) model consists of 4 phases with activities for each phase. The phases are implemented with a high degree of fidelity to the following 10 principles:

- **Family Voice and Choice**
- **Team Based**
- **Natural Supports**
- **Collaboration**
- **Community Based**
- **Culturally Competent**
- **Individualized**
- **Strengths Based**
- **Persistence**
- **Outcome Based**

4 Phases of Hi Fi:

- 1) *Engagement and Team Preparation*
- 2) *Initial Plan Development*
- 3) *Implementation*
- 4) *Transition*



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Who We Are:

Child & Family Focus, Inc. (CFF) is a non-profit faith-based social services agency which first opened its doors in 2001. With offices in Valley Forge, Hatboro, Havertown and Bucks County, PA., CFF serves children and youth in Berks, Bucks, Chester, Delaware, and Montgomery counties.

Our Vision

It is CFF's vision to provide a continuum of Mental Health Services that will enhance the quality of Physical, Emotional, Intellectual, Spiritual, and Relational well being of youth and their families.

www.childandfamilyfocus.org

Child & Family Focus, Inc.



Hi Fi Family Teams

**Information
For Parents**

*Building Communities &
Strengthening Families*

Hi Fi Family Team Staff

Facilitator

- ◆ LISTENS to you to understand your family's needs
- ◆ Leads families through the Hi Fi process
- ◆ Ensures the Family Plan is followed as agreed by team

Family Support Partner

- ◆ Is a parent who has gone through their own struggles and challenges in their family
- ◆ Provides advocacy and coaching for families who are working with other services or professionals
- ◆ Assists families in developing skills of self-sufficiency and self-advocacy — *Helping families find their voice*

Youth Support Partner

- ◆ Is a young adult who has overcome life challenges as a child or adolescent
- ◆ Is a mentor and advocate for the child or youth
- ◆ Helps the youth find their voice and improve their confidence

What is the Hi Fi ?

The Hi Fi Family Team process is a way to improve the lives of children with complex needs and helps families realize their vision.

It begins with a **Strengths, Needs, and Cultural Discovery** which describes your family's uniqueness, resiliency and areas of concern. From this Discovery tool, the team develops a **Family and Crisis Plan** to address those areas of need.

In addition to the Facilitator, Family and Youth Support Partners, the Child and Family Teams include a balance of other professionals and informal supports such as friends, relatives, and mentors who are identified by the family as potential resources to assist with the planning process.

The Team meets regularly to monitor and revise plans as the family grows and the needs change.

The final phase, prepares the family for transition with a plan that addresses any on-going or future needs. The goal is to teach families the Hi Fi process by

“Doing for, Doing with, and Cheering on.”

What do I need to know?

- ◆ You will be asked to help develop a team and make decisions with that team.
- ◆ You will be asked to identify your family's strengths and needs.
- ◆ You and your team will consider a variety of actions to meet your needs.
- ◆ You and your team will get an opportunity to evaluate whether your plan is achieving the outcome you want.

Hi Fi is a planning process that helps families realize their hopes and dreams.

Hi Fi is committed to keeping families together in their homes and communities.