

Youth Mental Health First Aid Training

Sponsored by the
Delaware County
Department of Human
Services and DelCo
System of Care



Date: Monday, August 28, 2017

Time: 8:30am to 4:30 am

Place: Delaware County Intermediate Unit
200 Yale Avenue Room 163
Morton, PA 19070

DCIU is a smoke-free facility

Registration opens at 8:00 am

Please bring your lunch or plan to buy lunch locally
(1 hour is allotted)

Training overview:

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.

The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

**There is no registration fee however space is limited
pre-registration is required**

REGISTRATION FORM

Youth Mental Health First Aid

August 28, 2017

Name _____ Title/Role _____

Agency _____ Phone # _____

Mailing Address _____ e-mail Address _____

Please specify any special accommodations you may require: _____

Questions and registrations forms can be sent to: Christina Gordon, Delaware County OBH,
20 S. 69th Street, Upper Darby, PA 19082 Fax: 610-713-2378 email: GordonC@delcohsa.org

Registration deadline: Monday August 21, 2017