

Warm Meals

Find a warm meal in your community. Some may require a referral.

The Bernardine Center 610-497-3225
Chester, PA
Monday, Tuesday & Thursday, 10:00 am - 12:00 noon

CityTeam Ministries 610-872-6865
Chester, PA
Dinner - Monday - Sunday, 5:00 pm - 5:45 pm
Fresh Produce & Baked Goods - Monday - Friday, 1:30 pm - 4:00 pm

Community Outreach Project 610-734-5770
(Located at the Life Center of Eastern Delaware Valley)
Upper Darby, PA
Daily, 7:00 pm - 8:00 pm

Cokesbury United Methodist Church 610-485-1645
Marcus Hook, PA
Sunday Supper, 1st Sunday of the month, 5:00 pm - 7:00 pm

Salvation Army 610-874-4266
Chester, PA
Lunch - Monday - Friday, 12:00 noon

Salvation Army 610-583-3720
Darby, PA
Lunch - Tuesday - Friday, 12:00 noon - 12:30 pm

St. Daniel's United Methodist Church 610-876-8152
Chester, PA
Tuesday, 11:00 am - 12:30 pm

True Vine Missionary Full Gospel Baptist Church 610-490-4005
Chester, PA
Thursday, 12:00 noon - 1:00 pm

Home Delivered Meals

Some may qualify for nutritious meals to be delivered to their home.
Assessment of need and referral needed.

Delaware County Office of Services for the Aging 610-490-1300
Eddystone, PA
For homebound seniors over 60 years of age. Call to apply.

Metropolitan Area Neighborhood Nutrition Alliance (MANNA) 1-866-626-6209
Philadelphia, PA
For individuals at acute nutritional risk due to life-threatening illness.
Referral required. Call for more information.

**To learn more about nutrition, stretching your food dollars and cooking nutritious meals.
Call Penn State Nutrition Links 610-690-2655**

Baby Cupboard

Need of some assistance with your new baby? Some community programs may be able to help you with baby foods, diapers, formula or clothing for your baby.

The Bernardine Center 610-497-3225
Chester, PA
Thursday, 1:00 pm - 3:00 pm

Catholic Social Services 610-876-7101
Chester, PA
For parents participating in their parenting classes.

CityTeam Ministries 610-872-6865
Chester, PA
Wednesday, 1:00 pm - 4:00 pm &
Thursday, 10:00 am - 11:30 am

Delaware County MOMobile 610-713-0570
Upper Darby, PA
Call to make arrangements. May assist with connecting to programs that help with baby supplies.

Child Nutrition Programs

Many programs help to improve the health of children by providing nutritious foods and/or nutrition information.

National School Breakfast and Lunch Programs

Contact your child's school food service director.

Nutritional Development Services 1-800-311-2727
Philadelphia, PA
Free and reduced price meals and snacks for children at schools, child care sites, summer programs & shelters.

Women, Infants & Children (WIC) Program

All of Delaware County 610-497-7660
Food vouchers & nutrition education for pregnant women, postpartum women, infants & children up to age five.

PA Farmers' Market Program

Checks for Pennsylvania-grown fruits and vegetables.

Women, Infants & Children (WIC) Program

All of Delaware County 610-497-7660
Contact your local WIC office for eligibility.

Delaware County Office of Services for the Aging (COSA) 610-490-1300

For seniors 60 years of age or older by December 31st of the program year that meet the income eligibility guidelines.



Provided by Delaware County WIC Program 610-497-7660

This institution is an equal opportunity provider.

Pennsylvania WIC is funded by the United States Department of Agriculture.

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Community Food and Nutrition Programs in Delaware County



If you are in need of food, someone is there to help.

Money for Food

Participate in the Supplemental Nutrition Assistance Program (SNAP), formerly called the Food Stamp Program. Visit www.compass.state.pa.us.

PA Department of Public Welfare 1-800-692-7462
Harrisburg, PA

Delaware County Assistance Office 610-447-5500
Chester, PA

Delaware County Assistance Office, District 2 610-461-3800
Darby, PA

Community Action Agency of Delaware County 610-874-8451
Boothwyn, PA

PathWays PA 610-543-5022
Holmes, PA

Help Reducing Grocery Bills

Self-Help & Resource Exchange (S.H.A.R.E.) Food Program 1-800-595-3663
Philadelphia, PA
Monthly food packages, worth approximately \$45, for only \$20 plus 2 hours of community services.

Fare & Square 484-483-2500
9th and Trainer Street, Chester, PA
Free membership to all with extra reward benefits available that can earn you store credit good on future purchases

Fresh Produce

More does matter.

Fresh for All Program 1-800-319-3663
Philabundance puts fresh produce into the hands of those in need at the following locations:

Christ Lutheran Church
7240 Walnut Street
Upper Darby, PA 19082
Friday 9:30 am - 10:30 am

Local Food Resources

Emergency Food

Many churches and community groups offer food to those in need either at a food center, food pantry or cupboard. Some may require a referral.

The Bernardine Center 610-497-3225

Chester, PA
2nd and 4th Tuesday of the month,
4:00 pm - 5:00 pm & Wednesday 9:00 am - 11:00 am
No cupboard the 5th Wednesday of month.

Catholic Social Services 610-876-7101

Martha's Choice Marketplace
Chester, PA
Wednesdays, 10:00 AM – 11:00 AM

Chester East Side Ministries 610-872-4812

St. Paul's Episcopal Church
Chester, PA
Monday & Wednesday, 11:00 am - 12:45 pm

Christ Tabernacle Church 610-328-2330

Morton, PA
2nd & 4th Saturday of the month, 10:00 am - 12:00 noon

Church of the Nazarene 610-583-7845

Collingdale, PA
Thursday, 6:30 pm - 8:00 pm

CityTeam Ministries 610-872-6865

Chester, PA
Wednesday & Friday, 1:30 pm - 4:00 pm

Cokesbury United Methodist Church 610-485-1645

Marcus Hook, PA
3rd Wednesday of the month, 10:00 am – 12:00 noon

First United Methodist Church 610-566-3172

Media, PA
Thursday, 7:00 pm - 8:00 pm & the 2nd & 4th Saturday
of the Month, 10:00 am - 11:00 am

God's House of Glory 610-876-7764

Chester, PA
Thursday, 5:00 pm – 6:00 pm Call to make arrangements.

God's House of Prayer and Repair 610-494-7137

Chester, PA

Call to make arrangements.

Lansdowne Presbyterian Church 610-622-0800

(For the Southeast Delco School District)
Lansdowne, PA
Monday & Wednesday, 4:00 pm - 6:00 pm. Call to make arrangements.

Loaves and Fishes Food Pantry 610-532-9000

Prospect Park, PA
Tuesday, 10:30 am - 1:00 pm & Thursday, 1:00 pm - 4:00 pm

Mt. Zion CME Church 610-583-1932

Sharon Hill, PA
Saturday, 10:00 am - 12:00 noon

Neighbor to Neighbor CDC 610-461-8140

(Partnered with First African Baptist Church)
Sharon Hill, PA
Thursday, 6:00 pm - 8:00 pm

New Jerusalem Food Center 610-818-5203

Chester, PA
2nd & 4th Tuesday of the month, 10:00 am - 11:00 am

Salvation Army 610-874-4266

Chester, PA
2nd & 4th Wednesday, 1:00 pm - 3:00 pm

Salvation Army 610-583-3720

Darby, PA
By appointment only.

St. Daniel's United Methodist Church 610-876-8152

Chester, PA
Tuesday, 11:00 am – 12:30 pm

St. Katharine Drexel 484-490-5079

Chester, PA
Tuesday & Thursday, 12:00 pm - 2:00 pm

St. Mark's United Methodist Church 610-325-0130

Broomall, PA
Every Tuesday 9:00 am - 10:45 am & Third Tuesday, 6:00 pm - 7:30 pm

St. Mary's Episcopal Church

610-874-8565
Chester, PA
Tuesday, 10:00 am-12:00 noon (fruits & vegetables only)
Friday, 12:00 noon - 2:00 pm (groceries)

St. Paul's CME Church 610-874-9966

Chester, PA
Friday, 10:00 am - 12:00 noon
Fresh fruits and vegetables - Friday, 12:00 noon - 2:00 pm

St. Vincent DePaul/ 484-497-8998

B.V.M. Food Cupboard
Darby, PA
Monday & Thursday, 9:30 am – 11:00 am

The Foundary Church 610-986-3211

The Giving Garden Pantry & Garden
Wallingford, PA
Friday, 4:00 pm - 6:00 pm or by appointment

Thomas M. Thomas Memorial 610-874-3424

Presbyterian Church
Chester, PA
Thursday, 11:30 am - 12:30 pm

True Vine Missionary Full 610-490-4005

Gospel Baptist Church
Chester, PA
Tuesday & Thursday, 11:00 am - 1:00 pm

Upland Baptist Church 610-874-7474

Upland, PA
Wednesday, 9:00 am - 10:00 am

Upper Darby Food Center 610-853-2481

(Located in the Bethel Baptist Church)
Upper Darby, PA
Monday, Tuesday, Thursday & Friday, 10:00 am - 12:15 pm

USDA National Hunger Hotline

1-866-3-HUNGRY(486479)