

Youth Mental Health First Aid Training

Sponsored by the
Delaware County
Department of Human
Services and Delaware
County System of Care



Date: Wednesday, May 6, 2015

Time: 8:30am to 4:30 am

Place: Delaware County Intermediate Unit
200 Yale Avenue Room 172
Morton, PA 19070

DCIU is a smoke-free facility

Trainers: Colleen Cooney & Andy Kind-Rubin & Theresa Agostinelli

Registration opens at 8:00 am

Training begins promptly at 8:30 am

A light breakfast and a boxed lunch will be served.

Training overview:

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.

The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

**There is no registration fee however space is limited
pre-registration is required**

REGISTRATION FORM

Youth Mental Health First Aid

May 6, 2015

Name _____ Title/Role _____

Agency _____ Phone # _____

Mailing Address _____ e-mail Address _____

Please specify any special accommodations you may require: _____

Questions and registrations forms can be sent to: Jaime Baxter, Delaware County OBH,
20 S. 69th Street, Upper Darby, PA 19082 Fax: 610-713-2378 email: baxterj@delcohsa.org

Registration deadline: Wednesday April 29, 2015