

# Youth Mental Health First Aid Training

Sponsored by  
Delaware County  
Council and  
Department of Human  
Services



**Date:** Tuesday, February 6, 2018

**Time:** 8:30am to 4:30pm

**Place:** Delaware County Intermediate Unit  
200 Yale Avenue Room 163  
Morton, PA 19070

DCIU is a smoke-free facility

Registration opens at 8:00am

Time will be allotted for lunch

## Training Overview:

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. Youth

Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

### **There is no registration fee however space is limited pre-registration is required**

- 48-hour notice prior to the training is required for cancellation. This enables the office to identify and register a replacement that may be on the waiting list.
- Anyone who is registered for a training but does not attend the training, and has not notified the office of cancellation, will not be permitted to attend future OBH trainings for a minimum period of six months and may be excluded from all future training opportunities.
- Some people may be highly allergic to certain fragrances so please be considerate and reduce the use of fragrances during all meetings.

REGISTRATION FORM

Youth Mental Health First Aid

February 6, 2018

Name \_\_\_\_\_ Title/Role \_\_\_\_\_

Agency \_\_\_\_\_ Phone # \_\_\_\_\_

Mailing Address \_\_\_\_\_ E-mail Address \_\_\_\_\_

Please specify any special accommodations you may require: \_\_\_\_\_

Questions and registration forms can be sent to: Derek Fowlkes, Delaware County OBH,  
20 S. 69<sup>th</sup> Street, Upper Darby, PA 19082 Fax: 610-713-2378 email: [FowlkesD@delcohsa.org](mailto:FowlkesD@delcohsa.org)

**Registration deadline: Tuesday January 30, 2018**

To purchase ACT 48 credits online: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?I=2627389&D=16864>