

Child & Family Focus



Building Communities & Strengthening Families

Child & Family Focus, Inc.

is pleased to serve **TRANSITION AGED YOUTH**

in Delaware County, PA



CHILD & FAMILY FOCUS, INC

Child and Family Focus, Inc. (CFF) is a not-for-profit Community Based Mental Health Agency serving children, adolescents and transitional aged adults in Bucks, Chester, Delaware, and Montgomery Counties.

Since opening our doors in 2001, CFF has been a leader in providing innovative services to children and transition aged adults who have emotional and behavioral challenges.

It is our mission to enhance the quality of life for youth and their families by providing services which support children's and transition aged adults' opportunities to remain in the least restrictive family and community based settings.

Through the delivery of these services we strive to promote children's and transition aged adults' optimum growth and to effect positive change.

www.childandfamilyfocus.org

TRANSITION TO INDEPENDENCE PROCESS (TIP) PROGRAM OVERVIEW

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WHAT IS TIP?

Transition to Independence Process (TIP) is an evidenced supported model developed to engage and support young people experiencing emotional and or behavioral struggles in their own futures planning process across five transition domains: Education Opportunities, Living Situation, Employment and Career, Community Life Functioning, and Personal Effectiveness and Wellbeing. TIP provides a great deal of flexibility and works to engage young people through relationship development, person-centered planning, and a focus on the young person's future. Services and supports are tailored to be accessible, appealing, non-stigmatizing, and developmentally appropriate and will build upon strengths to support the young people in pursuing their goals across the five transition domains. Personal choice and social responsibility are acknowledged and developed, and personal competencies will be enhanced to support the young people in greater self-sufficiency and confidence. TIP will work to ensure that a safety net of support, to include informal and formal key players in the young person's life, will be in place. TIP will maintain an outcome focus and will involve young people, parents, and community partners at the practice, program, and community levels. Each young person will work with a TIP Facilitator and will have access to a Peer Support Specialist. TIP Facilitators work alongside the young person to support them in their own futures planning process.

WHO IS ELIGIBLE?

Young people ages 16 to 26 with emotional and or behavioral struggles, who have a primary psychiatric diagnosis and medical assistance will be eligible.

WHO CAN MAKE A REFERRAL?

Anyone can make a referral on behalf of the young person utilizing the TIP referral form. It is encourage that the referral be discussed with the young person to ensure that they are interested in exploring TIP services. TIP works collaboratively with all other key players involved in the young person's life. Services including Case Management (BCM, D&A), High Fidelity Wraparound, RTF, Therapeutic Foster Care, Family Based Services, ACT/CTT, and MST) are considered a duplication of services with TIP. However, each young person's needs will be evaluated and exceptions will be made based on those needs.