

## Elwyn is proud to lead the Delaware County Crisis Connections Team. We are available 24 hours a day, every day of the week.

Mobile Crisis and Intervention Programs are equipped to address complex needs contributing to crisis and instability, including family systems stressors, youth substance abuse, trauma/grief, and youth intense behaviors, symptoms, and emotions that raise concern for potential harm to self or others.

#### We Listen.

Life is not always easy for those who are challenged by mental health, substance abuse, trauma, violence or other issues that affect our emotional wellbeing. For the individuals who suffer, and for the family and friends who care about them, times of crisis can be frightening and overwhelming.

That's where the Crisis Connections Team comes in.



Our mission is to listen, assess your needs, help you gain control, and provide connections to needed resources. We're there for you.

Our community crisis services are recovery-oriented, trauma-sensitive, and evidence-informed.

#### Get help now, at your location.

If you, or someone else, need immediate help with a mental health or substance abuse issue, Mobile Crisis will come to you. Any time of the day or night, and we will come to any location in Delaware County - whether it is in a home, a school, police station, emergency room or other community setting.

Our trained crisis response teams will provide:

#### Assessment

We'll assess the situation, and work to understand the immediate crisis and its causes.

#### Intervention

We'll use brief, therapeutic interventions to stabilize the situation, and to help you or those affected to regain control.



If needed, we will assist you in obtaining immediate help. This may include a referral for outpatient follow up, a residential inpatient alternative, or an inpatient psychiatric facility.

The Mobile Crisis Teams are culturally diverse and available to help people of all ages, including children, adolescents, adults, and the elderly. Professional interpreters are available for non-English speaking individuals who may benefit from our services.

#### Help is only a phone call away 855.889.7827 Get help wherever

#### **Crisis Prevention**

In addition to providing help and support during times of trouble, we proactively try to prevent crises from arising. We partner with community groups, educators, law enforcement, medical professionals, faith leaders, and others to raise awareness of mental health issues related to psychiatric illness, substance abuse, trauma, and violence.

#### **Educational Sessions**

We offer educational sessions on general mental health issues or suicide specific sessions, ranging from 1 hour to two days. Our two-day suicide intervention workshop, Applied Suicide Intervention Skills Training (ASIST), is an internationally utilized, evidence-based program developed by LivingWorks, with the goal of training anyone to intervene in a suicide situation.

#### **Community Awareness**

We are available to present our programs to interested groups throughout Delaware County.

To learn more about our outreach programs, contact us at 855-889-7827.



### **Delaware County Crisis Connections Team**

The Delaware County Crisis Prevention Team program was developed and is managed by Elwyn Crisis Services on behalf of the Delaware County Office of Behavioral Health and Community Care Behavioral Health of Pennsylvania, Inc. Services are free of charge to all children and adults residing in Delaware County, PA.





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# Mobile Crisis Team Get help wherever you are: 855.889.7827

Since 1852, Elwyn has helped people with autism, intellectual, developmental, and behavioral challenges lead meaningful lives. As an internationally recognized nonprofit human services organization, we have always been on the forefront of innovation. To learn more, visit elwyn.org.